

Wednesday, June 20, 2001



FQM Pick List

Breakfast

- 1 Pancake mix
- 24 Syrup
- 12 Cereal
- 1 Bread
- 12 Juice
- 12 Milk
- 12 Fruit
- 1 Menu

Lunch

- 1 Pkg. Boiled Ham
- 3 Bread
- 1 Lettuce
- Tomatoes
- Mayo
- Mustard
- Relish
- 1 Chips
- 12 Milk
- 12 Fruit
- 12 Pudding

Diner

Handful of Fruit loops in a zip lock

- 1 Cake Mix
- 1 Sheet of alumin. foil -- to cover the large cooking pot.
- 1 Pair food prep gloves

- 12 Baked Potatoes – pre wrapped**
- 5lbs. Meat Loaf Mix – wrapped in alumin. foil**
- 12 Fruit**
- 1 Tub of butter**
- 2 Eggs**