

Monday, July 24, 2000



Monday Breakfast

Menu - Juice

Milk

Cocoa

Cereal

Sausage

Scrambled Eggs

Oranges

Bread

INSTRUCTIONS:

CLEAN ----- CLEAN ----- CLEAN
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WASH YOUR HANDS - to the elbows.

In the lid of the cook set, place sausages one deep.

Start some hot water for the cocoa.

Over medium heat brown the sausages on all sides.

The second cook can start on the scrambled egg mix.

Pour ½ of the container of egg mix in your large pot.

*Place the pot on the burner, and stir every 15 seconds.
The eggs will set up quickly, so keep stirring or they
will stick and burn.*

*When all the egg mix has turned to scrambled eggs,
remove from the heat.*

*Pour other ½ of egg mix into large pot and cook the
same way.*

Start your dishwasher.

*Place juice, milk, cocoa, cereal, fruit, bread peanut
butter, & jelly on the table.*