

Wednesday, June 16, 1999



Lunch Menu

Menu - Boiled Ham
Bread
Lettuce
Tomatoes
Condiments
Chips
Milk
Fruit

Instructions:

CLEAN ***** CLEAN ***** CLEAN *****

WASH YOUR HANDS.

Wash the vegetables. Separate the leaves of lettuce and place them on a plate. Discard the outer leaves, and core.

Slice the tomatoes and place them on a plate.