

Monday, June 14, 1999



Monday Breakfast

Menu - Juice

Milk

Cocoa

Cereal

Sausage

Scrambled Eggs

Oranges

Bread

INSTRUCTIONS:

CLEAN ----- CLEAN ----- CLEAN
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WASH YOUR HANDS - to the elbows.

In the lid of the cook set, place sausages one deep.

Start some hot water for the cocoa.

Over medium heat brown the sausages on all sides.

The second cook can start on the scrambled egg mix.

Pour both containers of egg mix in your large pot.

*Place the pot on the burner, and stir every 15 seconds.
The eggs will set up quickly, so keep stirring or they
will stick and burn.*

*When all the egg mix has turned to scrambled eggs,
remove from the heat.*

Start your dishwasher.

*Place juice, milk, cocoa, cereal, fruit, bread peanut
butter, & jelly on the table.*